

HOTEL CASCAIS MIRAGEM

HEALTH & SPA
★★★★★

LOCATION

Anchored by the Atlantic Ocean, in front of the beach, overlooking the Bay of Cascais, the Hotel Cascais Miragem Health & SPA is only 25 minutes drive from Lisbon's city centre and international airport, 15 minutes away from Sintra and a 5 minutes' walk from the centre of Cascais and Estoril.

ACCOMMODATION

192 guestrooms, including our Royal Suite, 1 presidential suite and 16 suites. Most rooms have large private terraces overlooking the Atlantic Ocean. All rooms and suites have a pillow menu, bathrobe, slippers, free wi-fi, air conditioning, flat screen TV, telephone with outside line and voice mail, hairdryer, fully equipped mini bar, digital safe and work desk, bathrobe and slippers.



BARS AND RESTAURANTS

OASIS RESTAURANT

Breakfast from 7:00 am to 10:30 am.

Every weekend we serve our famous and delicious brunch between 12:30 pm and 3:00 pm, and in the summer we open our doors for the Summer Breezes dinner.

LOUNGE HORIZONTES

Exclusive to hotel guests, located on the sixth floor with a direct view of the sea, it allows you to enjoy a cup of tea after a long day. Watching the sunset from this terrace is truly worthwhile.



MIRAGEM WATER LOUNGE

The Miragem Water Lounge, exclusive for hotel guests, is located on the sixth floor. It is a state-of-the-art area, including a 40 meters long main pool with a hydro-massage circuit, a family pool and a relaxation lounge with a salt-lake, Turkish bath, sauna, bithermic showers and ice fountain for exhilarating moments of well-being in a peaceful environment. Open daily from 8:00 a.m. to 8:00 p.m.

WELLNESS

Holmes Place SPA has 7 treatment rooms, the health club features an indoor heated swimming pool and jacuzzi, sauna and steam room. The gym is fully equipped and studios offer various group classes. Access to the club is complimentary for hotel guests.

MIRAGEM RESTAURANT, BAR & TERRACE

Open daily from 9.30am to midnight.

The snacks menu and the tea menu are available from 10:30 am to 11:30 pm, with delicious options for all tastes, perfect for a break or to share.

For those looking for a more complete meal, this space offers a lunch and dinner menu, with the option to discover the chef's daily suggestion, served both in the restaurant and at the bar, from 12:30 pm to 4:00 pm and from 7:00 pm to 10:30 pm.

With a privileged location and an atmosphere that combines comfort and sophistication, the Miragem Restaurant, Bar & Terrace is the perfect setting to enjoy moments of flavor and relaxation throughout the day.

SERVICES

- Concierge
- Limousine or car rental with driver
- 24 hour room service
- Laundry Service
- Babysitting service (on request)
- Business centre
- Parking garage
- Gallery of shops
- Kids place
- Holmes Place Health Club & Spa
- Hair stylist

POINTS OF INTEREST

- Lisbon International Airport and city centre 25 minutes drive
- Casa das Histórias - Paula Rego Museum
- Sintra, UNESCO's protected heritage
- Coastal region and numerous beaches
- Golf courses, equestrian clubs, surfing, windsurfing and tennis
- Estoril Casino (largest in Europe)
- Estoril Race Track
- Tires aerodrome
- Cascais Marina

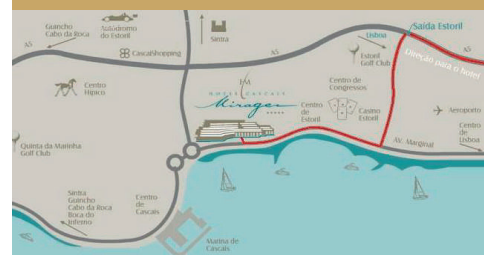
SWIMMING POOL

Located on the third floor, our heated pool infinity edge is complemented by a panoramic view of the Atlantic Ocean.

The terrace area has capacity for 180 sun loungers and features a children's pool as well as food and beverage service.

CONFERENCE AND BANQUETING FACILITIES

19 multifunctional rooms, the largest of which with a capacity for up to 600 people in theatre style, ideal for banquets, meetings and exhibitions. The largest conference space on the Lisbon Coast offers the possibility of exhibiting large objects, such as cars, inside the meeting rooms and gallery - a large open space with natural light and an ocean view.



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