



SHERATON
Cascais Resort

This Is Where You Belong





LOCATION

Located in the heart of Quinta da Marinha, the most exclusive area of the village of Cascais and just 30 Km from the center of Lisbon, the Sheraton Cascais Resort is the ideal destination for all occasions: leisure or business trips, in a privileged region by the sea.

Lisbon Airport - 38 Km

Cascais Center - 5 Km

Guincho Beach - 3 Km

GENERAL INFORMATION

Rating: 5 stars

Year of construction: 2007

Last refurbishment: 2023

Number of Floors: 3 (includes ground-floor)

AWARDS



RESTAURANT SERVICE

GLASS TERRACE

ALL DAY DINNING

Breakfast: 07:00 am - 11:00 am

Lunches: 12:30 pm - 03:30 pm

Brunch: 12:30 pm - 03:30 pm

(Weekend, seasonal)

Dinners: 07:00 pm - 11:00 pm

*Schedule may change.

ROOM SERVICE

Every day: 24h

YAKUZA
by Olivier

ORIENTAL KITCHEN

Fridays and Saturdays: 07:00 pm - 00:00 am

Sunday to Friday: 07:00 pm - 11:00 pm

*Schedule may change.

Flow
POOL BAR

Light meals, cocktails and natural juices. Schedule: Seasonal

Sheraton Cascais Resort

Rua das Palmeiras, Lote - 5 Quinta da Marinha

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Sheraton Cascais Resort

SERVICES

Air conditioning | Lifts | Free internet in public areas | Business center | 24 hour reception | Guest service | Valet parking | Indoor and outdoor parking | Serenity Spa - The Art of Well Being | Active Gym open 24 hours | Acclimatized outdoor pool and outdoor pool at room temperature | Vehicle and bike rental | Private transfer services | Special conditions for Golf on nearby courses.

FACILITIES

Flat screen television with cable and satellite channels | Wireless internet | Telephone | Air conditioning | Hair dryer | Safe | Mini bar | Room service | Wake-up service | Fire detectors | Private balcony or terrace | Kitchenette or equipped kitchen and Nespresso coffee machines (except Deluxe Rooms).

ACCOMMODATION

In total, the Sheraton Cascais Resort has 154 accommodation units:

ROOM TYPE	NUMBER OF UNI.	AREA	MAX. CAPACITY Adults + children
Premium Deluxe Room*	44	32 sqm	3 (adult) or 2+1 (adults and children)
Premium Deluxe Suite*	73	52 sqm	3 (adult) or 2+2 (adults and children)
Premium 2 Bedroom Suite	12	111 sqm	5 (adult) or 4+2 (adults and children)
Superior 2 Bedroom Suite	8	124 sqm	6 (adult) or 4+4 (adults and children)
Panoramic Suite	1	119 sqm	5 (adult) or 4+2 (adults and children)
3 Bedrooms Residence	4	182 sqm	6
Premium 3 Bedroom Residence	11	189 sqm	7
Premium 4 Bedroom Residence	1	210 sqm	9

* 1 Deluxe room adapted for people with reduced mobility



SERENITY SPA - THE ART OF WELL BEING

Every Day: 10:00 AM – 07:00 PM
(Schedule may change)

Sheraton Cascais Resort has an award-winning spa, Serenity - The Art of Well Being. This brand is designed to provide memorable experiences, perfect environments and programs that will promote health and well-being in its broadest sense - body, mind and spirit. Equipped with a thermal area with sauna, hydrotherapy and Turkish bath.

ACTIVE BY SERENITY

A place with the modern equipment for sportsmen, with panoramic windows overlooking the interior garden, making it the ideal place for training at any time of the day or night, since it is open 24 hours a day.

BRAVE KIDS (SEASONAL)

With a decoration inspired by indigenous adventures, the space designed with the little ones in mind promises moments of fun and relaxation for the whole family. From May to October, children can have fun in this space as long as they are accompanied by their parents. From July to the end of August, Brave Kids has a set of activities promoted by an animation team, with activities such as workshops, traditional games, tournaments and much more.

MEETING ROOMS

Sheraton Cascais Resort has a specialized corporate and social events team, offering a unique service both in terms of organization and Food & Beverage. The Resort has several indoor and outdoor spaces for events, in order to guarantee unforgettable and exclusive moments. Spaces such as multifunctional rooms with capacity for groups of up to 150 guests, Suites that can also be converted into meetings rooms, two underground parking spaces, which can be privatized, as well as immaculate gardens, creating the perfect setting for special events, including car launches.

ROOM	DIMENSIONS (LxWxH)	AREA (sq.ft)	SCHOOL	THEATER	CABARET	BOARD ROOM	COCKTAIL	U-SHAPE	BANQUET	
									table of 9	table of 10
Sintra	8.7 x 4.66 x 3.6	474 sq.ft	30	36	18	24	40	21	36	30
Estoril	8.7 x 4.76 x 3.6	474 sq.ft	30	36	18	24	40	21	36	30
Cascais I	6.25 x 4.62 x 3.6	344 sq.ft	24	21	18	24	30	15	27	30
Cascais II	8.76 x 4.62 x 3.6	452 sq.ft	30	36	18	24	40	21	36	30
Sintra + Estoril	8.7 x 9.42 x 3.6	948 sq.ft	60	80	36	36	100	27	72	80
Cascais I + Cascais II	15 x 9.24 x 3.6	726 sq.ft	60	84	36	48	80	39	63	50
Sintra + Estoril + Cascais I	15 x 11 x 14.23 x 3.6	1744 sq.ft	120	150	60	57	120	45	108	110
Breakout Room	9.35 x 4.45 x 3.2	560 sq.ft	30	40	18	24	40	21	-	30
Acqua I	7 x 4 x 2.4	301 sq.ft	-	-	-	8	-	-	-	-
Acqua II	7 x 4 x 2.4	301 sq.ft	-	-	-	8	-	-	-	-
Fusion	7 x 4.7 x 2.4	355 sq.ft	-	-	-	16	-	-	-	-

The above mentioned meeting room capacities may vary due to statutory minimum distance regulations.

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